**Preschool Schedule**

7:00-8:00 Family Grouping/Free Play

8:00-10:15 Free Play (includes art, sensory activities and open snack time)

10:15-10:30 Tidy Up/Dress for Outdoors

10:30-11:30 Outdoor Play

11:30-12:00 Circle Time

12:00-1:00 Lunch/Washroom/Prepare for Rest Time

1:00-2:30 Rest Time/Quiet Activities for Non-Sleepers

2:30-3:15 Snack Time/French Circle Time

3:15-3:45 Free Play/Washroom/Tidy Up/Dress for Outdoors

3:45 -4:45 Outdoor Play

4:45-6:00 Family Grouping/Free Play